

# HOOKED ON FISH

Fresh. Simple. Sustainable.

## Baked Fish and Chips

Melissa Clark / *The New York Times*

### HORSERADISH TARTAR SAUCE:

½ cup mayonnaise  
1 tablespoon chopped capers  
1 tablespoon prepared horseradish  
1 tablespoon chopped dill  
½ teaspoon lemon juice  
½ teaspoon lemon zest  
Pinch fine sea salt  
Black pepper, as needed

### FISH AND CHIPS:

6 tablespoons extra-virgin olive oil, more as needed  
1 ⅓ cups panko bread crumbs  
1 ½ teaspoons minced thyme  
1 large garlic clove, grated on a microplane or minced  
1 teaspoon black pepper, more as needed  
¼ cup Dijon mustard  
2 large eggs  
1 ¼ cups all-purpose flour  
1 ¼ lbs skinless whitefish or cod fillets, cut into 1" strips  
1 ½ teaspoons kosher salt, more as needed  
1 ½ lbs russet potatoes (3 large), cut into ¼ -inch sticks

For the tartar sauce: In a small bowl, whisk together all of the ingredients. Cover and refrigerate until ready to use.

Arrange 2 oven racks in the top and bottom third of the oven. Place a large rimmed baking sheet on the lower rack and heat oven to 500°. In a large skillet over medium heat, warm 2 tablespoons oil. Stir in panko, thyme, garlic and ½ teaspoon pepper. Cook, stirring frequently, until crumbs are evenly dark golden brown, about 5 minutes. Transfer immediately to a bowl.

In a separate bowl, whisk together mustard and eggs. Place flour in a third bowl. Grease an oven-safe wire rack with oil and place it over another rimmed baking sheet. Season fish with 1 teaspoon salt and ½ teaspoon pepper. Dredge each piece of fish in the flour, then mustard mixture, then panko mixture, making sure it is well coated with each one before moving to the next. Transfer fish to the wire rack. (You can bread the fish up to 4 hours ahead; store in the refrigerator, uncovered, either on the rack or just on a plate.)

In a large bowl, toss together potatoes, the remaining 4 tablespoons oil, ½ teaspoon salt and ½ teaspoon pepper. Carefully spread potatoes out on the preheated baking sheet and return to oven's lower rack. Roast until slightly golden and crispy, tossing after 15 minutes. Reduce oven temperature to 425° and transfer the second pan, with the fish still on the wire rack, to oven's top rack. Bake until fish is flaky and golden and potatoes are well browned and tender, about 10 to 15 minutes more. Salt fish and potatoes immediately after removing from oven. Serve hot, with tartar sauce alongside for dipping.

Serves 4

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